



THE LION'S PAUSE



Greetings!

Fourth Sunday after Pentecost (Proper 6)

[Read This Week's Lesson](#)

Frankly Speaking

Sabbath Time (June 8, 2018):

An Excerpt from Scott Stoner's [Weekly Words of Wellness](#)

A story comes to mind that illustrates how important it is to take time for rest and renewal. The story is from long ago and involves two lumberjacks who are near the end of a long day during which they have been cutting down large trees since just after sunup, using an old-fashioned two-person hand saw with one of them on each end pulling back and forth. As the day comes to a close, a passerby happens upon the two lumberjacks and pauses to watch them work their craft. The passerby looks around and sees dozens of large trees that have been felled just that day, but at the same time notices that the lumberjacks are making absolutely no progress on the last tree of the day. They are halfway through the tree, and no matter how hard they work, they cannot make it through this last tree. They finally call it quits and begin to strike up a conversation with the passerby. They point proudly to all the trees that they had cut that day, but then explain that the last several trees took them twice as long to cut and that the last tree was impossible for them to get through. They were perplexed as to why this was but figured they probably just were worn out from all the effort they had exerted, even though they had taken several rest breaks. It was only then that the passerby asked them a critical question, "I'm just curious, how many times during the day did you stop to sharpen the saw?"

Summer is an excellent time for us all to take time to sharpen our saws. Take a moment right now to think about what helps you sharpen your saw. And as you do this, think about it from a holistic perspective. What enables you to sharpen your soul? your heart?.....your mind?..... and your body? The answer to these questions will be different for each of us, but each of us knows what sharpens--and what creates dullness--in our

soul/heart/mind/body. Proactive wellness involves knowing what choices and habits we can make to help us create some Sabbath time of rest and renewal, and then following through on the commitment to do those things.

Please notice the critical difference between rest and "sharpening the saw." Making time for "down time" and rest is undoubtedly important, but it is not the same as sharpening the saw, Sharpening the saw provides us with renewed energy and is life-giving. I enjoy resting on the couch and watching a good TV show or an hour of a good ball game, but when I want to truly sharpen my saw I'll go for an hour walk or bike ride, read an inspiring book, or get together with some close friends for some great conversation. In the lumberjack story remember that they took several rest breaks, but what they forgot to do was make time to sharpen the saw.

So, happy beginning of summer everyone. And here's hoping that your summer includes some sabbath time to re-create, renew and sharpen your soul, your marriage, your physical wellness, or a valuable friendship.

Notable *Music this Sunday*

For this Father's Day, we hear "This Is My Father's World," a setting of Maltbie Babcock's text about God's Providence with the music by Britisher Malcolm Williamson (who was a frequent visitor in Canton), and, at the Offertory, the familiar "Our Father" by Malotte played as an organ solo.

Rector Transition Update

Greetings St. Mark's

I am pleased to report that the Vestry has completed their

discernment process regarding part time or full time ministry at St. Mark's.

The time spent visiting different parishes and learning more about recent rector searches throughout the Diocese was an informative and galvanizing exercise for the Vestry. We were also very encouraged by the strong interest from the parish in our discernment process, particularly the turnout to our informational sessions.

Throughout this effort, the Vestry asked many difficult questions of these parishes and of ourselves. While challenges remain to our long term financial and operational future of the church, it became very clear that we have significant resources and missions at St. Mark's that many other parishes do not enjoy. However, it was also clear that our resources and missions are not enough to sustain and grow our church without the guiding hand of a full time rector.

Therefore, the Vestry has begun to develop a timeline for a search process for a full time rector. Please stay tuned for more details as there is a significant amount of involvement required from the congregation (particularly within the roles of a search committee) to make the search process a success.

Thank you to everyone for their continued patience during our discernment period and we ask for your continued prayers and support as we enter the next phase of the search process.

--

Derek Gordon

Thank you!



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THE EPISCOPAL
DIOCESE OF OHIO

This Week's Bicentennial Prayer comes from:

St. John's Church - Cleveland (Ohio City)

God of resurrection,
we give thanks for your legacy of liberation
through St. John's Church.
From slaves traveling through the Underground Railroad
to freedom in Canada,
to American Indians organizing for civil rights in the
1960's,
to LGBTQ+ congregations worshipping openly

and freely at St. John's in the 1980's,
you have used this place
and people to bring hope to countless numbers.
Give us the will to continue now, in our time,
along the path you have set.

Use us in your work of recreation,
building toward the promised day when all humanity
again exists in unity with each other in Christ.
Amen.



Tuesday, June 19th:
Finance Committee, 3:30pm

Wednesday, June 13th:
Study Group, 10:30am
Casual Evening Prayer, 5:30pm

Tuesday, June 26th:
Lunch Bunch, 1:00pm @Eadie's Fish House



Casual Evening Prayer

Join us All Summer: Wednesdays at 5:30pm

In the Betty Fontney Sanctuary in the Woods

Saint Mark's
EPISCOPAL CHURCH



PRAYER CONCERNS

Ken Pakenham, Joan Werren, Ron Hill,
Peg Hill, Ken McPeck, Maxine Kit, Conley Family

Family and Friends: Susan, Baby Johnny Willoughby, Doug King, Gabe Russo (cousin of Kate Cerrone-Arnold), Jim Mesko (friend of Jim Weaver), Edna Glinsky (aunt of Pam McCarthy), The Shafer Family (friends of the Gordons), Justine Grosick and daughters (friends of the Mulls), Mike Fox (friend of Boyds), Layna (friend of Boyds), The Moore Family (friends of Nadels), The Latora Family, Judy and Mark McIlvaine (Sandi Kaustinen's sister-in-law and brother), Erin, Chad Patch, Allison & Family, Carol Morton, Barry (friend of Gordons), James McIlvaine (Sandi Kaustinen's father), Dave McQueen (friend of the Mulls)

For all those serving in the armed forces:
Jake Binder - Korea (husband of Amanda Hines Binder)

For all those who have died.

-Please share updates with Bobbi Gordon.-

PRAYER CHAIN:

St. Mark's has a group of prayer warriors who pray for specific needs of those on the prayer chain. If you would like to place yourself or a loved one on the prayer chain, please contact Bobbi Gordon at ggordon24@sbcglobal.net

Please note, prayer requests may be placed on the Prayer Chain, in the Sunday bulletin's Prayer Concerns, or in both places. Please let Bobbi know your preference.

Upcoming Servers

Servers this Sunday, June 17th:

Father's Day

Acolytes, 8:00am: Susie Hines

Acolytes, 10:00am: Karen Violand, Marilyn Thorp, Lesley Kiesling

Eucharistic Minister, 8:00am: Paul Sack

Eucharistic Ministers, 10:00am: Leigh Wilson, Mark Nadel

Ushers: Richard Crowl, Wayne Paradis, Kirk Bletzacker

Altar Guild 8:00am: Carol Popovich

Altar Guild 10:00am: Rhonda Warren

If you are unable to serve, please try to find a sub as soon as possible and notify the office. Thank you!

Yours in Christ,
St. Mark's Episcopal Church

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We seek to unite all people with God and each other in Christ through worship, fellowship, education, and service.

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